

The ATN Essentials Series

The Attachment & Trauma Network (ATN) is offering a five-part series on the essentials that every parent of traumatized children needs to know. The ATN Essentials Series is five one-hour sessions presented by ATN directors and staff in our interactive virtual classroom. You can attend these sessions from the comfort of your own computer!

Join us for:

Tues., April 12 @ 8:30 pm – Healthy Attachment and What Can Disrupt It

Sheri Verdonk, ATN's Support Director

Sheri will explore what attachment is, how healthy attachment is established between an infant and mother and what can disrupt the development of healthy attachment. The role of trauma in disrupting attachment will be discussed.

Tues., April 19 @ 8:30 pm – Signs & Symptoms of Trauma or Attachment Difficulties

Lorraine Schneider, ATN's Administrative Director

Lorraine will help parents recognize when behaviors are more than just a "phase" and when action might be necessary. What are the signs and symptoms that my child is not developing a healthy attachment or has been impacted by trauma? What are the possible diagnoses/misdiagnoses my child might be given?

Tues., April 26 @ 8:30 pm – What is Therapeutic Parenting?

Kelly Killian, *Hoofbeats* Newsletter Editor

Learning to parent a traumatized child is crucial to their healing. Kelly, an experienced therapeutic mom, will give parents an overview of what it means to parent therapeutically and will explore some of the most often used parenting approaches and trainings. In one-hour, parents will not be "taught" therapeutic parenting, but will have a better understanding of what it means and some ideas of where to go to learn more and hone your skills.

Tues., May 3 @ 8:30 pm – Is Therapy Necessary?

Tanya Bowers-Dean, ATN's Education Director

Tanya will explore this often-asked question of those who contact ATN. The answer in most cases is "YES". But what kind of therapy and how to find the right therapist and treatment approaches can be challenging. Parents will learn how to evaluate and interview to find the right "fit" for their family.

Tues., May 10 @ 8:30 pm – Neurologically Speaking...

Julie Beem, Executive Director

Trauma changes a child's developing brain. Understanding those changes helps parents to understand better what their child needs. Julie will lead us through Brain 101 and what professionals say happens to our children's brains and how that relates to their behaviors. This session will also help to explain why some adjunct therapies are useful for our children.

The ATN Essentials series is \$25 per session; or \$100 for the series of five sessions.

ATN Members attend the Essentials series for **FREE!** To sign up for these sessions; or to join ATN, visit the ATN Store:

<http://www.attachtrauma.org/mm5/merchant.mvc>

ATN Members who wish to reserve a seat for the ATN Essential Series sessions, please contact Lorraine Schneider, Administrative Director at lorraine@attachtrauma.org or 240-357-7369.

Sign up today! Space is limited to first 50 participants for each session.